

COVID-19: Resources to help parents and their children get through these difficult times

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YouTube Video: Answering kids questions about coronavirus:

<https://www.youtube.com/watch?v=vSsKQPqpS7A&fbclid=IwAR3lpOVbQ1YVkvkC0Lek7yPyX7dJfu5SOMsIEOuknrVrxAKxWT0O7MobwY>

Talking to Kids About coronavirus:

https://img1.wsimg.com/blobby/go/2b2b276b-2509-4d50-a0fc-5f34245eb2f4/downloads/COVID-19_parent_handout_NASP_NASN_2-20_FINAL.pdf?ver=1584734612409

Storybook for kids about coronavirus:

<https://www.ppm.org/wp-content/uploads/2020/03/The-Corona-Virus-Free-Printable-Updated-2-The-Autism-Educator-.pdf>

YouTube Video: Caroline Conquers Her Corona Fears:

<https://www.youtube.com/watch?v=2xai3eYFDNc>

YouTube Video: The Little Gnome Who Had to Stay Home:

<https://www.youtube.com/watch?v=wKBFOJBTrJ0&t=173s>

Tips for parents on supporting your kids:

<https://chipandco.com/actor-josh-gad-is-reading-books-to-kids-online-every-night-during-coronavirus-quarantines-383789/>

How to Manage Stress During coronavirus:

<https://img1.wsimg.com/blobby/go/2b2b276b-2509-4d50-a0fc-5f34245eb2f4/downloads/How%20to%20Manage%20COVID.pdf?ver=1584734612410>

Coping Tips for Parents/Caregivers:

[https://img1.wsimg.com/blobby/go/2b2b276b-2509-4d50-a0fc-5f34245eb2f4/downloads/outbreak_factsheet_1%20\(1\).pdf?ver=1584734612409](https://img1.wsimg.com/blobby/go/2b2b276b-2509-4d50-a0fc-5f34245eb2f4/downloads/outbreak_factsheet_1%20(1).pdf?ver=1584734612409)

Tips to De-stress:

<https://www.pbs.org/parents/thrive/how-you-and-your-kids-can-de-stress-during-coronavirus>

Calming activities to relieve stress and anxiety:

https://blog.calm.com/take-a-deep-breath?fbclid=IwAR2mZ9c7bBuP6YCc0WRMdYwQI_Jioho7ggm9WeMwEuQvQ0ewztR4Lnmjwm

100 activities to do at home during school closure:

<https://entertainkidsonadime.com/2020/03/13/100-activities-to-do-at-home-during-school-closures/>

111 things to do at home:

<https://joyandcompany.wordpress.com/2020/03/23/111-things-to-do-with-your-kids-at-home-during-the-covid-19-pandemic/>

Ideas to keep kids busy during school closure:

<https://studywithjoanne.com>

BrainPop E-Learning:

<https://go.brainpop.com/family/home>

Education companies offering free subscriptions:

<https://kidsactivitiesblog.com/135609/list-of-education-companies-offering-free-subscriptions/>

Josh Gad is reading books to kids online:

<https://chipandco.com/actor-josh-gad-is-reading-books-to-kids-online-every-night-during-coronavirus-quarantines-383789/>

Museums you can visit virtually:

https://interestingengineering.com/11-science-and-tech-museums-you-can-tour-virtually?utm_source=Facebook&utm_medium=Article&utm_campaign=organic&utm_content

Online activities:

https://interestingengineering.com/11-science-and-tech-museums-you-can-tour-virtually?utm_source=Facebook&utm_medium=Article&utm_campaign=organic&utm_content

Digital Resource Kit:

https://interestingengineering.com/11-science-and-tech-museums-you-can-tour-virtually?utm_source=Facebook&utm_medium=Article&utm_campaign=organic&utm_content

Teachers Pay Teachers Distance Learning:

https://interestingengineering.com/11-science-and-tech-museums-you-can-tour-virtually?utm_source=Facebook&utm_medium=Article&utm_campaign=organic&utm_content

Amazon Audible free stories:

<https://stories.audible.com/start-listen>

Rooks to Cooks free cooking YouTube videos for kids daily at 11am:

<https://www.youtube.com/channel/UCx4sEMGDmHWixHb9mE-msJw>

Feelings Mad Libs for Kids:

https://www.greatschools.org/gk/articles/social-emotional-learning-mad-libs/?fbclid=IwAR0jvbReP6qp6rwqMYwAdgVUeNVa_JQQtO_X5jwoonagpn37ozuGN1eFIA4

Hilarious video about homeschooling from an Israeli mom:

<https://www.kveller.com/this-israeli-moms-hilarious-rant-about-homeschooling-is-all-of-us/>

Another hilarious video –this one is a Broadway musical medley:

<https://www.youtube.com/watch?v=n1OCZRann8w&feature=youtu.be>