

# DR. ANGELA FOUNTAIN, C. Psych. & ASSOCIATES

1037 Howden Road East., Oshawa, Ontario L1H 0L7 Phone: (905) 655-5813 Email: Office@drfountain.ca Web Site: www.drfountain.ca

## CLINICAL PRACTICUM TRAINING INFORMATION

**CONTACT:** Dr. Patricia Zimmerman, Ph.D., C.Psych.

EMAIL: pzimmerman@drfountain.ca

**PHONE:** 905-655-5813

ADDRESS: 1037 Howden Road East, Oshawa, Ontario, L1H 0L7

**TYPE OF PRACTICUM OFFERRED:** Intensive Summer Psychology Practicum focusing on group therapy with children in our camp day treatment program. We expect to have positions for 1-2 students for the Summer of 2022.

**COVID-19 STATEMENT:** The Summer Psychology Practicum placement is conditional on the practice being able to operate a camp day treatment program (whether in person or virtually) for the Summer of 2022. In the event that we are unable to offer the practicum placement as outlined here due to constraints related to COVID-19, we would strive to find an alternative learning opportunity for the student, though this cannot be guaranteed. We, however, successfully ran camp in 2021 so we do not foresee any issues for 2022.

\*\*Effective October 20, 2021, all new staff, students, interns/residents and volunteers are required to show proof of full vaccination against COVID-19 and any potential future required vaccinations such as boosters as a condition of employment at Dr. Angela Fountain & Associates at least fourteen (14) calendar days prior to their start date. The only exception to this new immunization mandate is for: 1) those who have written documentation of an approved medical exemption from a qualified medical professional; or 2) those who are not vaccinated due to a protected ground as defined by the Ontario Human Rights Code. In these exception cases, those who are not fully vaccinated against COVID-19 will be required to participate in rapid antigen testing, at their own expense, at the start of every in-person working day.\*\*

#### **PRACTICE INFORMATION:**

We are a group private practice in psychology that is located in north Oshawa, serving clients primarily in the Durham region. We are a friendly, creative and lively multidisciplinary team of around 20 clinical staff and students from a variety of disciplines (i.e., psychology, social work, registered psychotherapists, child and youth work) as well as a full administration team, barn staff, and volunteers. We offer mental health services (assessment and treatment) designed to fit the needs of families, children (infants to adolescents) and adults with a range of presenting problems. We take an integrative approach to clinical work in order to develop individualized treatment programs to meet our clients' specific needs. Our treatment plans can range from brief solution focused

interventions to longer-term more traditional treatment programs. We are particularly well known for our children's treatment programs, which include play therapy, group therapy programs, and fun therapeutic day programs throughout the summer months. Unique to Dr. Angela Fountain & Associates is our clinical setting. We are located on a therapeutic farm which includes farming, horseback riding, equine and other animal activities, day camp and recreational facilities and programs.

For additional information about our practice, clinical staff and services offered, please refer to our website: <u>www.drfountain.ca</u>.

### TRAINING:

\*\*\*This training section describes our typical training program for summer psychology practicum students. However, due to the COVID-19 Pandemic, there may be unpredictable changes or constraints affecting the operation of our program as described here. Applicants need to be prepared for possible changes or cancellations of our summer training program due to COVID-19.\*\*\* As stated previously, we successfully ran camp in 2021 so we do not foresee any issues for 2022

Summer practicum students will receive training in one or both of our two different group therapy programs, each lead by staff clinical psychologists. Both therapy groups are run on a daily basis and form an integral component of the practice's summer camp day program: one therapy group is focused on CBT and the other is an equine-assisted therapy group led by Dr. Angela Fountain. Clients in both groups present with a range of issues, from internalizing to externalizing problems and the therapy groups are tailored depending on the composition of the group enrollment. Practicum students would be directly involved in the therapy group(s) to observe and/or co-facilitate (depending on level of experience) as well as participate in regular supervision with the psychologists to develop clinical skills in group therapy, and to review group process and planning issues. The practicum student would also develop skills in documentation of group notes. Training will also be provided for students to learn skills associated with our farm and outdoor based clinical activities in order to integrate them into assessment and/or treatment of clients. Depending on interest and availability, though not the focus of the practicum, there may be additional training opportunities within other aspects of the clinical practice.

For the Intensive Summer Psychology Practicum placement we generally request a minimum time commitment of 5 days/week Monday to Friday for the two week camp periods which occur twice in the months of July and/or August and the debrief period between camps for a total of 6 weeks. There would be an additional 8-10 meetings in June for orientation and preparation and a debrief meeting at the end of the practicum.

## SUPERVISION:

There are 6 registered psychologists and 3 psychologists/psychological associates in supervised practice on staff in our practice. Supervision will be provided in accordance with the requirements of the university in which the student is enrolled. A combination of live, individual and group supervision (depending on the number of students) will be provided by a registered psychologist. Additional training opportunities include participation in weekly team clinical consultation meetings as well as any available practice-wide staff training.

## **APPLICATION PROCEDURE:**

Application Material (to be submitted to the attention of Dr. Patricia Zimmerman):

- Up-to-date Curriculum Vitae
- Covering letter outlining clinical experiences to date in addition to training objectives
- Two letters of reference, at least one of which would ideally be from a psychologist familiar with the student's clinical work
- Unofficial graduate transcript

#### **Requirements:**

- Current enrollment in a graduate program in Clinical Psychology
- Previous clinical experience or comparable experience working with children
- Preference will be given to students with graduate training in child and developmental psychology
- \*\*Successful candidates will be required to complete a vulnerable sector criminal background check, at the student's expense, prior to the start of the placement.

## Deadlines:

- Applications due by Friday, February 25, 2022
- Only successful applicants will be invited for interviews
- Interviews are expected to take place mid/end of March 2022
- Timelines for final notification of selected candidates will be discussed in the interview