



DR. ANGELA FOUNTAIN, C. Psych. & ASSOCIATES

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CLINICAL PRACTICUM TRAINING INFORMATION

CONTACT: Dr. Patricia Zimmerman, Ph.D., C.Psych.

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TYPE OF PRACTICUM OFFERED: Psychology Intervention Practicum focusing on intervention for children, youth, and families. We expect to have positions for 1-2 students for the Fall of 2025.

PRACTICE INFORMATION:

We are a group private practice in psychology that is located in north Oshawa, serving clients primarily in the Durham region. We are a friendly, creative and lively multidisciplinary team of around 20 clinical staff and students from a variety of disciplines (i.e., psychology, social work, registered psychotherapists, child and youth work) as well as a full administration team, barn staff, and volunteers. We offer mental health services (assessment and



treatment) designed to fit the needs of families, children (infants to adolescents) and adults with a range of presenting problems. We take an integrative approach to clinical work in order to develop individualized treatment programs to meet our clients' specific needs. Our treatment plans can range from brief solution focused interventions to longer-term more traditional treatment programs. We are particularly well known for our children's treatment programs, which include play therapy, group therapy programs, and fun therapeutic day programs throughout the summer months. Unique to Dr. Angela Fountain & Associates is our clinical setting. We are located on a therapeutic farm which includes farming, horseback riding, equine and other animal activities, day camp and recreational facilities and programs.

Unique to Dr. Angela Fountain & Associates is our clinical setting. We are located on a therapeutic farm with a full range of indoor and outdoor psychological treatment amenities, allowing us to offer all the traditional child and youth community-based clinic services and more. From our indoor consultation offices and play therapy rooms to our adjoining equine therapy stables, small animal handling facilities, recreation and swim areas, to adventures in our forest and farm meadows, practicing psychology moves to a new level of wellness that more traditional settings cannot



offer. We provide training and support in our unique equine and animal assisted therapies along with all the traditional training and support a psychology student needs.

Across all our clinical services, we strive to provide a competitive and comprehensive range of psychological and mental health services for children, youth, adults and their families that are grounded in theory and evidence-based practice, creative, user friendly, and that flexibly respond to clients' needs and interests. In our warm, inviting farm country setting, we seek to enhance each client's dignity, individuality and potential for independence and inter-personal relationships with family and community. The mission statement of our practice is, *"To instill love, value, and purpose into our clients, staff, students and volunteers by helping them discover their highest potential."*

Dr. Angela Fountain & Associates was originally founded in 1994, in response to the limited psychological assessment and treatment services for children/youth and their families in the Durham Region. Dr. Fountain has built a solid professional reputation in the area and has maintained an increasing stream of client referrals from the Durham community since starting the practice. We receive referrals from a broad range of sources: paediatric and family medicine practitioners; family lawyers and the Court; child welfare professionals; local children's agencies (such as hospitals, Infant Development, Resources for Exceptional Children, Kerry's Place Autism Services, Grandview Treatment Center); Learning Disabilities Association; local schools; parents; as well as word of mouth. Given the breadth of referrals, we provide services to both the general mental health population in the region as well as harder to serve, more complex client challenges.

What distinguishes Dr. Angela Fountain & Associates from other service providers is our creative approach to clinical services, while upholding high standards of care in order to deliver child and family-friendly services that are intrinsically motivating to our clients. Dr. Angela Fountain & Associates is proud to be recognized for our unique approach to clinical services, having won the Ontario Psychological Association's "2017 Award of Merit" for Innovative Contributions to Children's Mental Health and the 2015 Business Excellence Award from the Oshawa Chamber of Commerce. We are also the first of a kind to integrate a regulated health professional clinic and an accredited Ontario Camp Association facility as a secondary industry to a fully functioning family operated farm.

For additional information about our practice, clinical staff and services offered, please refer to our website: www.drffountain.ca.

TRAINING:

Students will have an opportunity to develop psychological intervention skills to address a range of presenting problems (i.e., anxiety, OCD, depression, ADHD, challenges related to ASD, learning problems, emotion and behaviour dysregulation, parenting and family relationship issues, among other presenting problems) for children, adolescents and their families. Through a combination of individual supervision as well as applied seminar topics, students will receive supervision and training in many aspects of psychological intervention: integrative case formulation, developing and monitoring treatment plans, client management skills, session note documentation, working with parents and any collaterals, addressing process factors in the



therapeutic relationship, recognizing and appropriate follow-up regarding safety risks and fulfilling any mandatory reporting obligations. Students will receive training in a range of therapeutic modalities including CBT, attachment-focused and emotion-focused therapies. They will also receive training on incorporating play therapy and the outdoors into broader treatment plans for their cases as well as the use of virtual treatment modalities. Students will begin by shadowing and completing co-therapy cases and then be assessed individually for ability to complete cases individually under supervision.

SUPERVISION:

Supervision will be provided in accordance with the requirements of the university in which the student is enrolled. A combination of live, individual and group supervision (depending on the number of students) will be provided by a registered psychologist or psychological associate. Additional training opportunities include participation in weekly team clinical consultation meetings, didactic seminars as well as any available practice-wide staff trainings.

APPLICATION PROCEDURE:

Application Material (to be submitted to the attention of Dr. Patricia Zimmerman):

- Up-to-date Curriculum Vitae
- Covering letter outlining clinical experiences to date in addition to training objectives
- Two letters of reference, at least one of which would ideally be from a psychologist familiar with the student's clinical work
- Unofficial graduate transcript

Requirements:

- Current enrollment in a graduate program in Clinical Psychology
- Previous clinical experience or comparable experience working with children
- Preference will be given to students with graduate training in child and developmental psychology
- **Successful candidates will be required to complete a vulnerable sector criminal background check, at the student's expense, prior to the start of the placement.

Deadlines:

- Application due dates as determined by GTA Match Process
- Only successful applicants will be invited for interviews



