



DR. ANGELA FOUNTAIN, C. Psych. & Associates

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Dr. Fountain's Clubhouse Equine & Animal Program Policies & Information

Riding, Animal & Carriage Driving Instructors

Riding & Carriage Driving Instructors at Dr. Angela Fountain & Associates have many years of experience working with children and horses. Instructors are also trained to work with children with emotional, behavioral and other mental health issues.

Daily Lesson Breakdown

While recreation programs at Dr. Fountain's are created to assist children in working on different skills, there is no therapy component. Recreation programs at Dr. Angela Fountain's are recreational and do not provide a lessons will be group lessons. The students will be out jointly with the horses and small animals for an hour and 30 minutes. In addition to mounted and carriage driving lessons, each group will gain experience with skills such as animal health and safety, stable management, body language, animal care and horsemanship. Animal lessons will include work with other farm animals and not just horses.

Rider & Carriage Driver Attire

All riders and those working around horses must wear sturdy closed toe boots. It is essential that all riders have a boot with at least a ¼ inch heel to prevent the foot from slipping through the stirrup (rubber boots are acceptable). **Running shoes, crocs, sandals and open toe shoes are not permitted while working around or riding the horses.**

All riders must wear long pants (preferably without an inside seam) when riding to prevent bruising or blisters. Shorts and skirts are not permitted; riders will have an opportunity to change into proper attire prior to their lesson starting. Lessons are held outside and riders are expected to dress according to the weather (rain/shine/cold).

All riders must wear ASTM certified riding helmets while working around and riding the horses. Helmets can be purchased from (Greenhawk, Picoves, Dudley's Tack Shop) for a reasonable fee otherwise a helmet can be rented for \$10.

Riders who are not dressed appropriately will have limited involvement in horse related activities for safety reasons.

Rider Weight

All riders must be under 180lbs (82 kg) to ride at Dr. Angela Fountain's. This weight restriction is for the safety of riders, volunteers and horses. The weight restriction fits with the Canadian Therapeutic Riding Association (CanTRA) guidelines.

Inclement Weather

The riding lessons will be held outside in an enclosed ring, weather permitting. Due to the nature of the program missed mounted lessons will not be able to be reschedule but will be replaced with an indoor un-mounted activity.

Riding Limits

Due to the nature of the program, riders who do not have appropriate attire or footwear will not be allowed to ride that day. In addition, if the rider is not able to be respectful to animals and staff, the rider will not be allowed to ride that day, due to safety concerns. Once goals are re-established the rider may try another day but a make-up or refund will not be given for the missed ride.

General Rules

- Respect all animals, staff and volunteers
- Move slowly and quietly, no sudden movements/running or loud noises
- Approach the horse at the shoulder, talking with them, to ensure they see you
- Solid closed toe footwear must be worn around the horses (**No exceptions!**)
- Every camper working around horses must wear a ASTM-Approved helmet
- Do not put hands near their mouths or walk directly behind the horses
- Always be alert and aware of your environment and your horse
- Electronics and Phones need to stay at home, as they can be a dangerous distraction for the horses.
- Always use a bucket to give the horses treats, not by hand.
- Beware of the ELECTRIC fence – Respect it!

Rider Checklist – Dr. Fountain’s Equine Recreation & Animal Programs

- Helmet ASTM-Approved or Rented one from Dr. Angela Fountain’s
- Long, warm pants
- Sturdy boots with a ¼ inch heel (Leather/rubber/hiking boots)
- Clothing appropriate for weather
- Water-bottle, sunscreen, bug spray
- Smile

Electronic Devices & Cell Phones in Programs

It is Dr. Angela Fountain & Associates policy to not allow any form of electronic device or cell phone at camp or programs. This policy is in place to ensure campers safety, privacy to treatment and maintain the camp experience. Campers are not permitted to have these devices in their bags or on themselves at any time. If a counsellor becomes aware that a camper has a device on program, staff will remove the device and keep it safe until the end of the day in the office. Devices will only be released at end of day to parents and/or guardians.

Signing In and Out

Authorized individuals 18 years or older must sign child in and out each day. Staff are required to I.D. all persons picking up children. Children will not be released to anyone not on the Pick Up Authorization Form. **Please be advised that you must come in to drop off and pick up your child.**

Children’s Belongings

Please label ALL belongings. Dr. Fountain & Associates are not responsible for lost/stolen items. Personal belongings should be kept in a bag or backpack, which will be stored in program area.

Behaviour Management, Disciplinary Actions & Extra Support in Recreation Programs

Dr. Fountain's recreation programs are designed to meet the needs of children with emotional, behavioral and mental health issues. However, this is a recreational program and does not offer a therapy component and as such we do not offer extra support or one to one services in this program. If a child requires extra support or one to one services, they may be dismissed from the program. If a child brings a weapon to program, intentionally harms others, vandalizes property, or displays other extreme behavior, he/she will be dismissed from the program and no refund will be given. For inappropriate behavior, parents will be notified verbally and/or in writing with notification of further action. Dr. Fountain & Associates reserves the right to immediately dismiss a child from any program.

Snack

Children are required to bring a bagged healthy snack. Please label food containers with the child's name. Please check to see or request if there is a nut allergy ban in the program cycle your child is attending.

Payments and Invoicing

I understand that I have registered my child for Animal Care Program at Dr. Fountain's for the above duration of time. **I understand that I am responsible for all payments for the Animal Care Program even if my child is absent for a session or drops out past the first week.** I understand that this is a recreational only program and therefore my invoices will reflect this (it does not qualify as group therapy).

I understand that the Animal Care Program **will run rain or shine** and indoor and groundwork activities will be used on bad weather days. I understand that Animal Care Program is a small animal experience and will not include horses. **Refund Policy: Refunds will not be available past the first week of group.**

Child's First & Last Name: _____

I hereby have read, understand, and agree to Dr. Fountain's Clubhouse: Equine & Animal Policies & Information.

Parent/Guardian Name (Print)

Date

Parent/Guardian Signature